

**QC**

**MUSIC:**

Binder Twine and the  
Bales deliver true blue  
prairie grass **P.10**

**SHARP EATS:**

Where to find a crêpe  
for every occasion  
**P.18**

**WINE WORLD:**

Elevate your cocktail with  
locally-made bitters  
**P.19**

# AFTER THE HIT

**BRAD HORNUNG'S OPTIMISM  
AND LOVE FOR HOCKEY ENDURES**  
**P. 4**



**FREE**

# IN THE CITY

# SUNDAY, APRIL 27 — 10:10 A.M.

## A wet walk



Joan Bloom gives a thumbs up as her team follows behind during the Seaside Senior Fair Cross MS Walk near the Seaside Curling Club in Regina. GC PHOTO BY MICHELLE FOL.

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Foster Rogers (left) forward (below) using cochlear implants to hear. He is a quadriplegic, after taking a fall from behind his garage in 1987. CP PHOTO BY DON HEALY

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## # SHARP EATS P. 18



This coconut cream and Nutella cake will give you happy (food) dreams. CP PHOTO BY JENN S. HUP

## QC COVER PHOTO BY DON HEALY

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# ON THE COVER

I don't think most people would be (angry), because I don't consider myself to be any different than anybody else. — Brad Hornung

#BRAD HORNUNG

## His love for the game of hockey still endures



Former Regina Pats centre Brad Hornung at his home, the Westana Rehabilitation Centre, where he has lived for 27 years. (CP PHOTO BY DON HEAR)

By Austin M Davis

As an 16-year-old hockey player, Brad Hornung never thought about getting hurt.

"You don't think like that," Hornung said.

But Hornung had been injured before he played centre for the Regina Pats of the Western Hockey League (WHL) in 1985.

In 1984, playing with other 13- and 14-year-olds, Hornung had his leg broken after getting tackled by an

opposing goalie.

"I just remember that he kind of grabbed me and he landed on my leg," Hornung said. "It didn't hurt that much, but then I couldn't put weight on it. It swelled up and it turned out I had a broken tibia."

Hornung's name, Terry, didn't stick with many of his son's games after the broken leg. His only son, Hornung, played once for the Pats.

"I was worried he was going to get hurt," Terry said. "Brad wasn't really big, but he wasn't scared of anything."

"It just got so rough and I didn't want to watch."

In two seasons with the Pats, Hornung said, he never missed a game because of injury — before March 1987.

The only other time Hornung got hurt after his broken leg was the time the injury ended his promising playing career in the sport he still loves.

\*\*\*\*\*

On March 1, 1991, the Pats were hosting the rival Moose Jaw Warriors.

It was the game of the AgriDome, one of the best games of the season before both teams would chase their playoff dreams.

The game was tense.

Terry was listening to the game on the radio in her car, picking up her daughter from hockey practice at school as the second period started.

"By the time I got to the school, I was screaming," Terry said. "My daughter got in the car and she thought of course that I was overreacting. But the things they were say-

ing were kind of scary."

Seven minutes in to the second period, Hornung took a pass deep to the Moose Jaw area to the right of the net before sliding the puck over to a teammate. He created a goal, but unsuccessful, scoring opportunity while being guarded by Moose Jaw forward Troy Kilmister.

After the puck left Hornung's stick, he skated towards the goal line to cut behind the net and was checked from behind by Edwards. The next day's papers would call it a crosscheck.

## We had no idea that he was going to be paralyzed, but it sounded like he was going to die — Terry Hornung

The game was stopped for 10 minutes and the 4:00 show on the AgriNews went silent, as Hornung lay motionless on the ice. People rushed to save his life.

Terry was filled with fear and dread as the radio announcers told him to pray for his son.

"We had no idea that he was going to be paralyzed, but it sounded like he was going to die," Terry said.

A game with a score mostly forgotten — though it would end in favour of the Warriors — changed Hornung's life forever. He suffered a burst fracture of the third cervical vertebrae and a cracked spinal cord. He wasn't supposed to even be able to breathe on his own, but he was home that production within three months.

"That was my goal," Hornung said, "not to be dependent on a ventilator to breathe. Back then they were big huge machines."

He has lived at Whistler Rehabilitation Centre for 20 years and moves around in a wheelchair he can operate with the back of his hand. The Blind Hockey Foundation raised money for an accessible van and taken care of his need.

"I've had a full life here. I haven't had any limitations. I've been able to travel and do a lot of things," Hornung said.

He has a big room in himself complete with a voice-controlled computer and a television. The radio set is located with sports men's room, not limited to hockey.

The lift from behind that Hornung was right around the time of hockey's early modernization — fighting notwithstanding. There were no stop signs above the main arena and no press when Hornung played and no penalty for checking from behind in Canada's three major leagues and the National Hockey League (NHL). Hornung later the push to stop checking from behind, but said he doesn't quibble much with the rules.

He holds no ill will against the game for the incident that paralyzed him.

"A lot of things come together at the wrong time," Hornung said. "Probably 20 things had to happen the wrong way and they all did."

Thankfully it doesn't happen that often."

Hornung, who declined to be interviewed for this story, wasn't given a penalty that night.

Hornung doesn't remember much about the game, and he doesn't remember anything about the hit, but he has seen the footage.

"I don't think I would describe it as a dirty hit," he said.

\*\*\*\*\*

Doug Seider was a first-year head coach behind the bench for the Pats on the night of Hornung's injury.

"That was a life-changing experience for a lot of people, especially him and his family," Seider said. "In the hockey world, there's a hitting from behind rule now that wasn't there before. A lot of other things have changed to protect players. Unfortunately, Brad was the guy that was the victim."

After Hornung went down, Seider stepped onto the ice during a game for the first time. He held Hornung's hand as the young hockey player lay unconscious, struggling to breathe after smothering his tongue.

Seider credits Pats trainer Don Samuels for saving Hornung's life by performing an emergency tracheotomy, a procedure where the throat is cut open to insert a tube. This case required amputation.

"One of the Vancouver guys came out onto the ice. I can't remember which guy but he had a cervical collar in the pocket of his overalls," Seider said. "Brian looked at me and I said, 'You got to do it.' And he did it."

Hornung was given a heart massage before being taken off the ice and transported to a hospital.

Seider is certain that the young forward, who was in his draft year in 1987, would have played in the NHL, just like Hornung's dad, Larry.

He has never felt sorry for himself. He never even got used to me. He never blamed me, and it was the guy who put him on the ice. I was the guy that kind of created the atmosphere at the night, playing over there," Seider said.

Continued on page 6



Medical staff attend to Regina Pats forward Brad Hornung after being hit from behind into the boards on March 1, 1987. Hornung was left quadriplegic as a result of the hit. (Lester West files)

Maybe as a result of the accident, maybe not, maybe he already had this naturally, but there was an intuition there of what it takes to be a player. — Marshall Johnston



Gordie Howe rests his right arm against the game for the moment that provided him with his name and place in hockey.

Howe's optimism is rivaled only by his humility.

"I was not a top prospect, I know that. I was a middle-of-the-road player. I had to work hard for everything I got," Howe said, when asked about his chances playing professional hockey.

He had 68 points in the 1966-67 season before his injury.

The Pats honored him by retiring his number eight. His name and number hang from the rafters, above the ice at Kinsmen Place, beside the names and numbers of Pats greats like Clark Gillies, Dennis Sedbrook, Bob Berkich and Mike Eklund.

"It's flattering and a little bit embarrassing," Howe said. "I wasn't the player that those guys were. Those guys were great, great hockey players."

The WHL's apartmentship award is named after Howe, and in the past couple of years, he's started going to the banquets.

Now 61 years old, Howe is still involved in hockey and still goes to WHL games in Regina — and Moose Jaw when the roads are clear — in a tour.

That aspect of hockey runs in Howe's

blood too. Larry was a scout for the Toronto Maple Leafs when he died of cancer in 2001.

Howe is in his second season working for the NHL Central Scouting Service, filing scouting reports for the league's drafters. It's his second stint as an amateur scout, tracking the progress of young players. From 2000 to 2006, Howe coached part-time for the Chicago Blackhawks. When the general manager who hired Howe was fired and as the NHL lockout loomed, Howe's contract wasn't renewed.

He didn't lose touch with the game during those 16 years though.

"I went to the games and I tried to keep my head in the game. But still, when you don't have that pressure to watch closely, you end up watching the game more than the prospects," Howe said.

"I like learning about the game. I like watching the guys progress, seeing how some guys get better and some guys don't, and trying to figure it out. It's tough. It is not easy. I don't think anyone can solve the mystery sometimes," Howe said.

Marshall Johnston, a former NHL player, head coach and general manager who still scouts part-time for the Carolina Hurricanes, had watched Howe play and knew Larry

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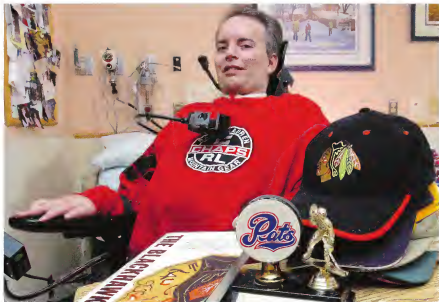
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The game of hockey has been good to me. It's been good to my family. My dad made a living in it. He loved it. I love it. I didn't feel any bitterness or any anger towards it. — Horning



Brad Horning at his home at the Wascana Rehabilitation Centre with the memento from his first NHL goal. The NHL's sportsmanship award is named after him. (PHOTO BY BOB WELCH)

Johnston and Horning worked for the Blackhawks at the same time when Horning first started, though they didn't go to any games together.

"I had access to his scouting reports, which he was able to contribute into his automated computer system he has," Johnston said. "I'd been in scouting, probably by that time 15 or 16 years, and I'd read a lot of scouting reports. Here was a guy that just

began and has reports, projections and analysis of players were on good as any guy that scouted with me that had been scouting for 15 years. No question."

Johnston said Horning has an uncanny ability to predict a young player's development.

"Maybe as a result of the accident, maybe not, maybe he already had this naturally, but there was an intuition

there of what it takes to be a player," Johnston said. "There's a lot of people that has to be close because you're reading guys that are 14 years old."

\*\*\*\*\*

The hockey community and Regina as a whole, rallied around Horning after his injury.

"He got no much support, it was surreal," Terry said. "When he was in

intensive care, every day there were letters and cards. I have a trunk full of them."

There were messages of hope from artists, kids and people of ages in between.

"(Brad) just seemed like he didn't want to let these people down. They were praying for him," Terry said.

The hockey community never turned its back on Horning, and he

never turned his back on hockey.

"The game of hockey has been good to me. It's been good to my family. My dad made a living in it. He loved it. I love it," Horning said. "I didn't feel any bitterness or any anger towards it."

"I don't think most people would be happy, because I don't consider my self to be any different than anybody else."

# ON THE SCENE

## # A TASTE OF UKRAINE

It was all about helping children. A Taste of Ukraine gala, sponsored by the Ukrainian Canadian Congress (UCC) Regina branch, raised \$10,000 on April 26 to support orphanages in Ukraine.

The sold-out event, held at St. Athanasius Hall, featured a four-course, table service meal by chef David Romanuk, entertainment by local dance groups, a silent auction and more.

We add out three weeks ahead of time. There is an amazing amount of support." A Taste of Ukraine committee member Greta Gawryda said. Initially, the fundraiser, which was attended by 170 supporters of the Ukrainian community, raised \$5,710. But moments after the initial cheque was presented to the Saskatoon man who will be responsible for the money being delivered to the orphanages in Ukraine, an additional donation was made. Regina business owners Peter Charles and Barry Wick of WP Home and Garden — who had already purchased a \$600 corporate table and donated a \$1,000 silent auction item — volunteered to raise the total to \$10,000, which was the goal of event organizers. Gawryda explained: "This really came through for us."



1. Terri Moore and Meral Gordon

2. Cecy Smith and Greta Gawryda

3. Gerassimos Vondros and Sofia Pongas

4. Isabelle Jackson and Barry Wick

5. Terri Danend and Nancy McGill

6. Alex and Courtney Kuzik

7. Hanna Zarych and Amanda Kuzik

8. Mark Wainert and Dustin Shewchuk

9. Jessica Forbes and Lacey Ingerson

10. Caroline Tossaint and Rodrigo Osella

QC PHOTOS BY MICHAEL BELL





## MUSIC

WE'RE ON FACEBOOK: Visit us at  
Facebook.com/QCRegina

# REGINA BLUEGRASS BAND

## Binder Twine delivers true blue prairie grass



Binder Twine and the Bobs perform at Blue Door Recording in Regina. GO AWAY TO THE FIDDLE!

By Ashley Martin

Should they ever lose their passion for music, the members of Binder Twine and the Bobs could pursue comedy just as well.

"Bluegrass keep the band together," guitarist Anthony Biddell cracked during their jamming, which seemed equal parts humour and harmony.

There's good reason for performing as a comedy duo: "That was a really snappy intro

ment," said Biddell.

Amid the wit and one-liners, the tradition of a combined 300 years of musical experience comes through.

"They call their style prairie grass — particularly say bluegrass has got to originate in the Ozarks."

Whatever you call it, Bobs Parr's vocals are a pitch-perfect high lonesome sound. The other guys join in for three-, four- and sometimes five-part harmony. They can deliver chills with

a mournful tone, or set toes tapping with a chipper cadence.

With songs about moonshine, fire and brain stims and phrases like "I ain't broke but I'm badly hurt," songwriter Parr has got bluegrass's subject matter down while retaining formidable lyrics.

"It's about paying proper tribute to this style of music," said Biddell.

That was his goal when he started searching for bandmates two years ago.

Biddell's criteria: They had to know the material — among them Bill Monroe, Ricky Skaggs and Tony Rice.

When he found the trio of Parr, Jack Dublanc (bass) and Tim Bennett (bass), who'd been playing together for ages (100 years) and counting, "I quipped Parr, 'I know it wasn't a close fourth of bluegrass,'" said Biddell.

Parr had been looking for an addition, either on guitar or mandolin, so he'd be able to fill in on one of those instruments Biddell fit the bill.

It's about paying proper tribute to this style of music.  
— Anthony Bedell



#### BLIND TYME AND THE BALDERS' TOP 10 BLUES-ROCK FAVORITES

- Bill Monroe — The Music of Bill Monroe From 1935 to 1964 (3 discs)
- Hank Peacock, 25 Years of Bluesness on Rounder Records
- The Del McCoury Band — Celebrating 50 Years of Del McCoury
- Ricky Skaggs and Kentucky Thunder — Bluesgrass Rules!
- Earl Scruggs, Doc Watson and Ricky Skaggs — The Three Pioneers
- The Stanley Brothers — The King Years 1955-1963 (4 discs)
- Earl Scruggs — The Essential Five Seasons
- The Scobon Bros. — The Greatest Show On Earth
- Bob Flick — The Bluegrass Sessions: Tales From the Acoustic Planet Vol. 2
- David Grisman and Tony Rice — Tane Rooms

Blind Tyme and the Balders have 250 years combined musical expertise, age 40 and in their musical

"I kind of stalked you a little bit," Farr joked.

After the aforementioned trio chose bluegrass was "Buck's best," said Farr. "Del's blues was just wanted to play bluegrass. And, after years of playing in country bands, Farr was sick of 'cockle-cutter country crap'."

They faced the challenge of playing bluegrass to the blues. Gidon Gidon, who joined the band in December and promptly had to learn his songs.

As rock guitar players turn to jazz, country players turn to bluegrass, said Farr. "It's the speed world of country music."

"You can't talk about it really," added Bedell. "Usually they don't have to. They're all skilled musicians."

Farr has logged 36 years on guitar. Bedell roams 34 homes. Del has played bluegrass for 33 years.

Bedell started violin 40 years ago, then transitioned to guitar and ultimately, while

playing in Toronto, the more in demand bass Gidon, a longtime member of Toronto's band La Rapparte a Chapeau, started making it age 11 in 20 years old so you can figure it out," he joked.

Now recording their first record, Blind Tyme and the Balders is gaining steam.

The band is No. 2 on Revolver Nation's Canadian bluegrass chart (the 10 Current's The Mail night Blues on No. 1).

CBC radio host Grant Lenneman listed them among 54 standout acts/festivals (of 500) in this year's CBC Spotlight competition, commending their "true bluegrass" sound and the "Southernness" of their music — which is currently what they were going for when they picked it.

Catch Blind Tyme and the Balders 8:30 Sat. on the 100.5 FM radio. May 11 at the Artful Dodger and May 12 during the Georgetown Arts Festival.

Contact: Grant Lenneman  
Twitter.com/GrantLenneman

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## EVENTS

What you need to know to plan your week.  
Send events to [QC@leaderpost.com](mailto:QC@leaderpost.com)

## # MUSIC

Wednesday, April 30

**Wednesday Night Folk: Andrew & Zachary Smith**  
Bushwacker  
2236 Dewdney Ave.

**Wayback Wednesdays with Leah For Cole**  
McNally's, 2236 Dewdney Ave.

**Like Animals, Delta Threats, Lamb Skanes**  
The Club at the Exchange  
2431 Eighth Ave.

Thursday, May 1

**Harmony 2 Go Youth Symphony Chorus**  
5-8 p.m., SQF Music Centre, 129 Hamilton St.

**Alyssa Miller**  
Creative City Centre  
1643 Hamilton St.

**Filmade**  
Featuring The Busses and guests.  
9 p.m., Flip Entry, 1070 Hamilton St.

**Fuck the Facts, The Moo and His Machine, Aiken of Grief**  
The Club at the Exchange  
2431 Eighth Ave.

**Craig Moritz**  
The Pump, 641 Victoria Ave E.

**Ruan Burns Band**  
McNally's, 2236 Dewdney Ave.

Friday, May 2

**Pelika Fest**  
Casino Regina Show Lounge  
1880 Saskatchewan Dr.

**Big Chili Friday**  
The Lancaster, 4529 Gordon Rd.

**Craig Moritz**  
The Pump, 641 Victoria Ave E.

**Brendy Zelen**  
Artful Dodger, 1631 9th Ave.

Monday 2014

w/ the Tribal Quest, Celastrian, Reheated, the Royal Red Grigols, Failed States, Tomorrow Starts Today, Orkney, Bats Out, and the Hells.  
The Exchange, 2431 Eighth Ave.

**JJ Voss**  
The Whiskey, 1047 Park St.

**Ruan Burns Band**  
McNally's, 2236 Dewdney Ave.

**Driven on Influence**  
Idorado, 2350 Dewdney Ave.

Saturday, May 3

**Return of the Big Band with Andria Marwood**  
Regina Symphony Orchestra  
8 p.m., Connors Arts Centre  
200 Lakeshore Dr.

**The Power of Generosity concert**  
Featuring Don Moen, Brad Tucker, Kristall, Lenny Lockie, 7 p.m.  
The Dry Centre, 6400 45th Ave.

**Pelika Fest**  
Casino Regina Show Lounge  
1880 Saskatchewan Dr.

**Skiffins and Serenades**  
19th Hole Club, 3470 Toronto St.

**Craig Moritz**  
The Pump, 641 Victoria Ave E.

**Driven on Influence**  
Idorado, 2350 Dewdney Ave.

**JJ Voss**  
The Whiskey, 1047 Park St.

**Seashell UFO, Lenka**  
The Mercury, 2330 12th Ave.

**Mayday and the Beatnicks**  
The Lancaster, 4529 Gordon Rd.

**The Second Epic, Living with Lions**  
The Exchange, 2431 Eighth Ave.

**Jordan Klassen**  
O'Hanlon's, 7947 Seventh St.

**Andisondurko**  
The Artisan, 2627 12th Ave.

Sunday, May 4

**Regina Mendolin Orchestra annual concert**  
5-9 p.m., Saskatchewan Theatre, MacKenzie Art Gallery, 2479 Albert St.

**Nayak**  
Creative City Centre  
1643 Hamilton St.

**The Stillhouse Poets, Megan Nash**  
8 p.m., The Artisan, 2627 12th Ave.

**Misery Signals, Last We Fall, Harmful Effects, The Man and His Machine**  
The Exchange, 2431 Eighth Ave.

Monday, May 5

**Monday Night Jazz & Blues Jeff Martin & the Blue Bird Singers**  
Bushwacker  
2236 Dewdney Ave.

**Pelika Fest**  
Casino Regina Show Lounge  
1880 Saskatchewan Dr.

**Andrew and Zachary Smith**  
Creative City Centre  
1643 Hamilton St.

**Black Hamie Jazz**  
Fornika Ristorante Italiana, 3295 E. Quince St.

**Weekly Drum Circle**  
Instruments provided  
7:30-9 p.m., The Living Spirit Centre, 2018 Duane Dr. Call Mike, 366-160-3911.

Tuesday, May 6

**Pelika Fest**  
Casino Regina Show Lounge  
1880 Saskatchewan Dr.

**Black Hamie Jazz**  
Fornika Ristorante Italiana, 3295 E. Quince St.

**Criminal Code, Good Girls, Gutless**  
The Club at the Exchange  
2431 Eighth Ave.



Andria Marwood joins the Regina Symphony Orchestra on Saturday. [surremna.ca/arts](http://surremna.ca/arts)

## EVENTS

## VISUAL ART

## W.H. Webb

Opening Reception: May 2,  
5-8 p.m.  
Exhibition runs until May 28.  
Ainslie Gallery, 2268 Smith St.

## Sunday ART Market

Every second Sunday 3:30-7  
p.m. Cathedral Wash-bean-  
hood Centre, 2990 18th Ave.

You're What You Expect-  
edly Do

How work by Artists at Ink  
May 5, June 12  
The Inkspun Gallery, Creative  
City Centre, 1643 Hamilton St.

Barbara Steinman: The Gi-  
ants' Dance

Photographic installation  
explores the relationship  
between personal belief and or-  
ganized religion. Programmed  
in response to Sidelway by  
Sheri Meisler.  
Until May 4. InkKendle Art  
Gallery, 3475 Albert St.

## Papar

Until May 10  
State Fine Art Gallery, 3078  
Holtz St.

## Laurie MacIsaac: Bachelor

The flowers in her paintings  
are suspended hours deep,  
in various stages of decay.  
Until May 12.  
Art Gallery of Regina, 3620  
Elphinstone St.

Melody Armstrong: Pattern  
Series

Until May 17  
Mystic's Gallery, 2706 19th  
Ave.

## KC Adams: Black Bark Ltd.

Winning artist KC Adams  
presents an installation of 36  
position bark bark sculp-  
tures.  
Until June 4. Silverwood Gal-  
lery, 6121 Riverview Blvd.

Canadians  
What does it mean to be Ca-

nadian? Works by Canadian  
artists including Augustus  
Konderline, Dorothy Knowles  
and Ernest Lubin.  
Until June 15. MacKendle Art  
Gallery, 3475 Albert St.

Annie's Kitchen: we live on the  
edge of disaster and tonight  
we are in a musical  
Video installation highlighting  
the work of Saskatoon film-  
maker Annie Adams.  
Until June 14. MacKendle Art  
Gallery, 3475 Albert St.

Who's a Fool of Purple, Or-  
ange and Blue?

The formalist aesthetics of the  
modernist movement of the  
1960s are being reconsidered  
by five Canadian artists at  
various stages of their careers  
This group exhibition brings  
together new works by artists  
from across Canada.  
Until June 20  
Dunlop Art Gallery - Central  
Branch, 2301 12th Ave.

Jay Willett: Untitled  
Toronto artist Jay Willett's  
unique work for Central  
Branch's east-facing windows  
explores line, geometry, pattern  
and elements of chance  
using various media.  
Until June 20  
BPL Central Branch, 2301 12th  
Ave.

## Fountain of Place

The Artists of Scott Nicholson  
Fine Arts  
Now exhibiting quarterly  
Until July 31. Regina Centre  
Creative, 1621 Albert St.

## Ainslie Gallery

2268 Smith St. Open Tuesday  
to Friday 10 a.m.-5:30 p.m.,  
Saturday 10 a.m.-3 p.m.

## Nouveau Gallery

3461 Albert St. Open Tuesday  
to Saturday, 10 a.m.-6 p.m.

Oakland Gift and Fine Arts  
Oil and ink paintings by Chi-  
nese and Japanese artists and



Man of La Mancha at the Globe Theatre's marquee, production until May 11. Photo courtesy JIMMY CARLSON

musical. Then,  
2312 Smith St. Open Monday  
to Saturday, 10 a.m.-6 p.m.

## COMEDY

The Laugh Shop  
Live standup every Saturday  
night, 10:30 p.m.  
Remede Hotel 1638 Victoria  
Ave.

Until July 31. Regina Centre  
Creative, 1621 Albert St.

## MUSIC

Music Age Daydream  
FedeDance Youth Company  
April 30, 7 p.m.  
Shaw-Box Theatre, 1101 Broad-  
bill Centre

Youth Poetry Slam  
Featuring Johnny MacIsaac  
April 30, 7 p.m.  
Creative City Centre, 1643  
Hamilton St.

How to Give Feedback  
Workshop for poets and  
performers. Every Thursday,  
7-9 p.m. Creative City Centre,  
1643 Hamilton St.

Man of La Mancha  
Until May 11  
Globe Theatre, 1601 South St.

Vancouver: The Sounds of  
Music  
Until June 13.

Admission: Dinner Theatre,  
lower level, 1975 Broad St.

## DANCING

New Dance Night  
Presented by New Dance Ho-  
stels & National Headquarters  
May 18-11 p.m.  
The Junction,  
12827 13th Ave.

Huber Night Dance Club  
Music by: Keweenaw  
May 2, 7:30-10:30 p.m.

Northeast Community Centre,  
160 Broad St. N.

Latin Lounge  
First Monday of the month.  
Hosted by Catherine Denech.  
May 5, 6-11:30 p.m.  
Artful Dodge, 1631 17th Ave.

Starry and Strillies  
Wednesday, 10 p.m.  
Complex Odeon Theatre  
Mail, 3025 Gordon Rd.

Bake a Difference  
Carnival featuring through  
baking: spread kindness with  
a cookie.  
Wednesday, 5-7 p.m.  
Sweet Ambrosia Bake Shoppe,  
330 Windsor St. N.

Drop in to make Playground  
Friday, 5-11:45 a.m.  
South Lakes Centre, 170

Family Favourites Film  
Friday a favourite film for just  
\$2.80  
Saturday, 11 a.m.  
Galaxy Cinema, 420 McCa-  
rthy Blvd. N.

Family activities  
Saturday and Sunday, 2 p.m.  
Saskatchewan Science Cen-  
tre, 2900 Powerhouse Dr.

Mom and Ted Bored Meet-  
ing  
Hosted by Kate Murray, 355-  
215-2881.  
Friday, 10-11:30 a.m.  
Early Learning Family Centre,  
Scott College, 3350 7th  
Ave.

Build and Grow Clinic  
Build a special feature project  
for children age 3 and up.  
Saturday, 10 a.m.  
Lewers, 4555 Gordon Rd.

Family Favourites Film  
Friday a favourite film for just  
\$2.80  
Saturday, 11 a.m.  
Galaxy Cinema, 420 McCa-  
rthy Blvd. N.

Family activities  
Saturday and Sunday, 2 p.m.  
Saskatchewan Science Cen-  
tre, 2900 Powerhouse Dr.

## EVENTS

**Family Studio Sundays**  
Sunday, 2-4 p.m.  
MacKenzie Art Gallery, 1415  
Albert St.

**Talent and Thrasher**  
**Jungle Gym**  
Monday, 9:30-11 a.m.  
Al Ritchie Family Wellness  
Centre, 1000 North Meigh-  
lin Road Centre, 443 5418

**Balance Time for Kids**  
Interactive workshop aimed  
at early learners  
Tuesday, 9:30-10 a.m.  
Saskatchewan Science Cen-  
tre, 2503 Powerhouse Dr.

**Mom's Morning Out**  
3200 Avenue 01, westside  
cuckoo.net

**Mothers of Poor Schemists**  
[MOPS]  
Reserved Park Alliance  
Church, map@reserved-  
park.ca

**Regina Newcomers Club**  
reginaneewcomersclub@gmail.  
com

**Time Out For Parents**  
At Ritchie Family Wellness  
Centre, 2230 Lindsay St., 309-  
520-4868; arfwep@usask.net

**Y's Moms Group**  
YMCA, 3000 10th Ave., 366-  
753-6622

**Y's Moms Group for Multi-  
Ples**  
YMCA, 3000 10th Ave., meets  
the third Thursday of this  
month at 1:30 p.m.

**YWCA Regina**  
1940 Mainway St., 366-532-  
244

## # MUSEUMS

**Alma Youck School Museum**  
1600 Fourth Ave.  
Teams by appointment only  
(306-523-3000)

**Civic Museum of Regina**



Get your hands on some strawberries this Saturday at Broadway United Church and St. Mary's Cathedral. GETTY IMAGES/ALF HERTZ

3075 Broad St.  
Tuesday-Friday 10 a.m.-4 p.m.  
Saturday noon-4 p.m. Closed  
Sunday and Monday.

**Saskatchewan Science  
Centre**  
2503 Powerhouse Dr.  
Tuesday-Friday 9 a.m.-5 p.m.  
Saturday-Sunday and hol-  
idays, noon-6 p.m.  
Closed Mondays.

**Saskatchewan Sports Hall  
of Fame**  
2305 Victoria Ave.  
Monday-Friday 10 a.m.-4:30  
p.m. Saturday-Sunday 5 p.m.  
Closed Sunday.

**RCMP Heritage Centre**  
3907 Dewdney Ave.  
Open 11 a.m.-5 p.m. daily.

**Regina Firefighters Museum**  
1200 Ross Ave.  
Teams by appointment (306-  
777-7714).

**Saskatchewan Military  
Museum**  
1600 Confederation St.  
Open Monday and Thursday,  
11 a.m. to 4 p.m., or by appointment.

(306-347-5345)

**Saskatchewan Science  
Centre**

2503 Powerhouse Dr.  
Tuesday-Friday 9 a.m.-5 p.m.  
Saturday-Sunday and hol-  
idays, noon-6 p.m.  
Closed Mondays.

**Saskatchewan Sports Hall  
of Fame**  
2305 Victoria Ave.  
Monday-Friday 10 a.m.-4:30  
p.m. Saturday-Sunday 5 p.m.  
Closed Sunday.

## # SPECIAL EVENTS

**Free Will & Kostas Summer**  
Apr. 30, 11:45 a.m.  
Downtown YMCA, Room 306

**RCMP Sergeant Major's  
Parade**

Wednesday, Friday and Mon-  
day, 12:45 p.m.  
RCMP Depot Division, 5600  
11th Ave.

**50/50 and Chili**  
Apr. 30, 1-3 p.m.  
NPL Summer Branch, 3300 E.  
Woodburn Dr.

**Regina Humane Society  
Garden Party**  
Apr. 30, 7 p.m.  
Theatre Lobby, Cosmos Arts  
Centre

**Canadian Diabetes Associa-  
tion Gala**  
Dinner and music by The Ave  
Pickers  
May 1, 6 p.m.  
Cosmo Regina Show Lounge  
1600 Saskatchewan Dr.

**Western Canadian Diving**

**Championships**  
May 2-4, Lunenburg Aquatic  
Centre, 1717 Robinson St.

**Night in Hungary**  
Saxophone and Dance Feat-  
uring Kosma-Borsik Duo from  
Hungary. Tickets \$25, call  
306-522-8852.  
May 2, 6:00 p.m.  
Regina Hungarian Cultural and  
Social Club, 1605 Melrose St.

**Strawberry Sale**  
May 3, 8:30 a.m.-1 p.m.  
Broadway United Church, 105  
Broadway Ave.

**Strawberry Fair**  
May 3, 6:30 a.m.-2 p.m.  
St. Paul's Cathedral, 1861  
Melrose St.

**Wascana Marsh Walk**  
Explore the area around the

Science Centre looking for  
spring migrants—waterfowl,  
gulls, shorebirds and song-  
birds.  
May 3, 9-11:30 a.m.  
Meet at the Science Centre  
parking lot.

**Regina Weavers & Spinners**  
**Quilt Fibra Arts Mini Retreat**  
May 3, 9:00 a.m.-4 p.m.  
United Way Building, 1440  
South St.

**Teachmenters**  
Brings a better public speak-  
er 305-302-3039  
Every Saturday 10-11:30 a.m.  
Knox Presbyterian Church  
room 105, 2340 Victoria Ave.

**The Back of May jewelry sale**  
May 3, 10 a.m.-5 p.m.  
Cathedral Neighbourhood  
Centre, 2900 11th Ave.

**Fun Expo Regina**  
May 3, 10 a.m.-7 p.m.  
May 4, 10 a.m.-5 p.m.  
Canada Centre Building, Centre  
Place

**Woodworking Show and Sale**  
May 3, 10 a.m.-5 p.m.  
May 4, 10 a.m.-5 p.m.  
Tartan Curling Club, 1654  
Broadway Ave.

**Headmade Rock Workshop**  
Make two art books during the  
workshop with instructor  
Kathy Haines. Fee, \$150/\$170.  
May 3-4, 10 a.m.-4 p.m.  
Nell Bellwell Child Arts Centre,  
2620 Lightstream St.

**Victorian Tea**  
Hosted by the Government  
House Historical Society.  
May 3-4, sitings at 1 and 2  
p.m. Reserve a seat at 306-  
777-5283.

**Government House 4007  
Dewdney Ave.**

**Don Moon and more**  
The Power of Generosity fund-  
raiser for mental illness.  
May 3, 7 p.m.  
The Orr Centre, 4400 4th Ave.

## EVENTS



The Regina Farmers' Market returns outdoors to the City Square Plaza on Saturday. *OPPOSITE PHOTO BY TERRY CLARKE*

#### Monster Spectacular

May 3, 7 p.m.  
Bancroft Centre, East Place

#### Regina Farmers' Market

May 3, 9 a.m.-4 p.m.  
City Square Plaza, downtown

#### Jane's Walk

Greening Regina's Urban Spaces: Lady Sharon Prochaska May 4, 2 p.m.  
Met at Linwood Crescent and College Avenue.

#### Regina Photo Club

May 6, 7:30 p.m.  
SASST room 155

### # NEW MOVIES

#### The Amazing Spider-Man 2 Action — Peter Parker

Spider-Man (Andrew Garfield) meets up with old friend Harry Osborn (Dane Cook), who reveals that Osborn has Peter under surveillance. Meanwhile, Peter and his girlfriend Gwen Stacy (Emma Stone) face new enemies — Doctor (Jamie Foxx) and the Electro (Paul Giamatti).

#### Walk of Shame Comedy

— An aspiring reporter's (Elizabeth Banks) dreams of becoming a network news anchor are compromised after a one-night stand with a handsome stranger (James Marsden) leaves her stranded in downtown Los Angeles without a phone, cash, or

money — and only 6 hours to make it to the most important job interview of her life.

#### Galaxy Cinema

430 McCarthy Blvd. W.  
306-522-9696

#### Cineplex Odeon

Southeast Mall Cinema  
3035 Gordon Rd.,  
306-545-3383

#### Harbour Cinema

Golden Mile Shopping Centre  
3806 Albert St. 306-359-5250

#### The Unknown Known Documentary

— Former United States Secretary of Defense Donald Rumsfeld discusses his career in Washington, D.C. from his days as a congressman in the early 1960s to planning the invasion

of Iraq in 2003.

#### Bethlehem Cinema

— The story of the complex relationship between an Israeli secret service officer and his teenage Palestinian informant, shuffling back and forth between conflicting points of view in Hebrew and Arabic with English subtitles.

#### Regina Public Library Theatre

337 12th Ave., 309-773-6024

#### Flight of the Butterflies Documentary

— Join hundreds of millions of butterflies on an amazing journey to a remote highway in the mountains of Mexico.

#### Kenya: Animal Kingdom Documentary

— Discover Kenya's famous fauna in their

natural habitat, including the Big Five — lions, African elephants, Cape buffalo, leopards and black rhinos — and give the hippos and cheetahs a visit. Meet two British young animals and follow them on their ritual safari.

#### Island of Lemurs Madagascar

Documentary — Join wildlife naturalist Patricia Wright on her lifelong mission to help endangered lemurs survive in the modern world. Narrated by Morgan Freeman.

#### Kramer Inked

2924 Power House Dr.  
306-522-4629

*David Collins on a free community service offered by QIC. Listings are for general information only.*



# Next week in QC

A preview for Saskatchewan Fashion Week, with a look at the artists working behind the scenes

# OUTSIDE THE LINES



## # Colouring contest

Each week artist Stephanie Makay creates a family illustration meant to please lots of all ages.

Children can colour the page, have a picture taken with the finished product and email it to [leadpost.com](mailto:leadpost.com). One winner will be chosen each week.

Please send **high-resolution** pictures and include the child's name and contact information.



Last week's OC colouring contest winner was **Wiley Malaris**. Congratulations! Thanks to all for your creative submissions. Try again this week!



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## #CROSSWORD

## NEW YORK TIMES Edited by Will Shortz

## ACROSS

- 1 Tossword (Pentabank)  
author  
4 Legendary producer of  
death and  
7 Fictitious man at many  
49 Down: farthest  
10 Super hero (his  
cousin's favorite)  
12 Joke offering  
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17 Andromeda's cousin  
18 "Chickadee"  
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35 Holy plastic shoe  
37 Off on a roller  
38 Cheap wares  
39 "The Island of Dr.  
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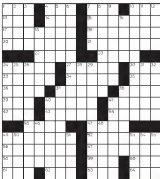


Photo: Michael Ochs

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# JANBIC  
CLASSIC  
SUDOKU

## Level: Beginner

Fill in the blank cells  
using numbers 1 to 9.  
Each number can only  
appear only once in each  
row, column and 3x3  
block. Use logic and  
process of elimination  
to solve the puzzle.  
The difficulty level  
ranges from (Beginner)  
(easiest) to (Expert)  
(hardest).



Solution to the  
crossword puzzle and  
the Sudoku can be  
found on Page 19

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In The  
Rest!



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figurine  
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Famous Figurine  
Inspirational heart  
figurine  
Reg. \$19.99  
Now only \$29.99

"Mystic Calling"  
Famous Figurine  
Inspirational heart  
figurine  
Reg. \$19.99  
Now only \$34.99

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# SHARPEATS

## # SASKATCHEWAN FOOD TRENDS

### A crêpe for every occasion

By Jenn Sharp  
and Ashley Martin

You can make crêpes at home but with so many crêpe spots to choose from, why would you? Plus, that thin pancake-like batter is really hard to manage, especially when you pack it full of ingredients. Better off looking it to the pros. Whether you're searching for a sa-

vioury lunch or a trendy breakfast spot, there's a crêpe to suit every occasion in Saskatoon and Regina.

Muséum Crêpe and Café in Regina gets two hits because it's the only all-day restaurant devoted solely to crêpes, which garnish it a special mention in our books.

Jenny@theleaderpost.com  
Patt@leaderpost.com



The Thin Chicken Red Curry Crêpe from Le Crêpe danois at the U of S. QC PHOTO: MICHELLE HORN

## PROPS FOR ORIGINALITY

**WHERE:** Le Crêpe Danois  
Lower Plaza Ref Student Centre, 1 Campus Drive, University of Saskatchewan, Saskatoon

**WHAT:** Thin Chicken Red Curry Special

If you attended the University of Saskatchewan before, Place Red got a makeover you'll remember. So try the Le Crêpe Danois for a banana and hazelnut crêpe while you waited for the bus. It's a new addition to the sleek Lower Plaza cafeteria area and it's as good as ever.

Owners John and Marie Vanpachanchant from Laos offer a variety of reasonably priced and decently sized crêpes. Sweet, breakfast-style or savoury they're all here (try the Panache with lemon and brown sugar — it's excellent).

On Wednesdays, you're in for a special treat. Marie makes up a batch of her Thin chicken red curry and serves it over rice noodles or in a crêpe. Although Marie thinks it's too sugary in a crêpe, it disappears. You just have to eat it fast. And leave out the rice or noodles. This crêpe is so good you won't want any more, starch soaking up the flavour.

**PRICE:** \$7.75. Sweet crêpes range from \$4 to \$6, savoury ones are \$6 to \$7.75.

See a food trend you think deserves a highlight? Email [QC@leaderpost.com](mailto:QC@leaderpost.com) or visit us on Facebook



Savoury Crêpes from Peached QC PHOTO: MICHELLE HORN

## TRENDY BREAKFAST

**WHERE:** Peached Breakfast Bites  
255 Second Ave. S, Saskatoon

**WHAT:** Savoury Crêpes

Two pan crêpes filled and baked with black forest ham, melted equal cheddar (although I didn't taste or taste any cheddar) pineapple, crisp asparagus and a creamy dill ranch sauce.

These crêpes were awesome, but the asparagus was a bit hard, but that's a minor point.

I was also honoured to see a meat produced speech salad on the plate in place of the usual

meat, green salad from a local producer. (It's sold supply can't meet up with demand and the salad will return soon.)

At other mark against the pretty little downtown spot though — the green tea is from Costco. At \$2.99 a cup, a higher quality tea bag should be the norm.

It's a shame really. This place used to be so good, but the quality comes back. Peached with its Saturday lineup out the door is more a place to see and be seen.

**PRICE:** \$14

## ARTFULLY PREPARED

**WHERE:** The Artful Dancer Café & Music  
Bistro  
1631 11th Ave. Regina

**WHAT:** Breakfast Crêpe

"Crêpes are generally about what's in them."

My boyfriend made a good point. After a recent restaurant trip experience with processed meat and bland ingredients, the Artful Dancer's breakfast crêpe was a hit.

The owner, the gourmet with just a hint of sweetness, was filled with perfect bacon, sautéed mushrooms, eggs and cheese. The default side dish was nothing to talk about. The quinoa salad was the highlight, but coming with lots of tomato, bell pepper and onion and cucumber, garnished with feta and balsamic vinaigrette.

Other options — savoury and sweet — include an ham and grapes with Gruyère, mustard, locally made, a bit little, sugar, 300 calories, south-east of French, a more, and that with whipping cream and caramel sauce.

The food is a treat, but so is the ambience. The Artful Dancer is a lovely, cosy, comfortable,



The Breakfast Crêpe from The Artful Dancer Café & Music Bistro. QC PHOTO: ASHLEY MARTIN

with exposed brick walls, colourful throw pillows, and a mural of its namesake on the wall next to the stage.

**PRICE:** \$9-\$14

# SHARP EATS WORLD



Moroccan Chicken Drip: Chicken is sautéed in spices and stuffed full of vegetables. Moroccan Drip by Jaleel Ibrahim

## POWER LUNCH AND A SINFUL DESSERT

**WHERE:** Moroccan Drip and Café are both 100% halal. Moroccan Drip, 100% halal.

**WHAT:** Moroccan Sausage Sausage topped with paprika and cumin, green onions, mozzarella, mushrooms, sautéed onions, tomato, and coconut cream. Moroccan Sausage Sausage topped with paprika and cumin, green onions, mozzarella, mushrooms, sautéed onions, tomato, and coconut cream.

Moroccan is a real treat. It's not just the food, it's the experience. The food is really good. For under \$10, the lunch price is enough to impress almost anyone. There are six savoury options, all of which are served in a bowl. Fresh to order, the food is delicious (you can lead to delays in service, as be patient).

The Moroccan Sausage is everything you expect — lots of veggies and a bit of spice. It's the beautiful Coconut Cream Drip that gave me a happy food moment. And if you're not a fan of food, there are 12 other sweet options to tempt you. **PRICING:** Moroccan is \$9.50. Coconut is \$10.50.



The sinful Coconut Cream Drip from Moroccan Drip and Café. Photo by Jaleel Ibrahim

## # LOCAL WINE SCENE

### Locally-made bitters take your cocktail to new heights

By James Romanow

As I have demonstrated publicly several times, if you really want to make a good cocktail, you have to use bitters.

Bitters, or bitters, is one of our most flavour sensations. Somewhere in history people realized that dilute solutions of bitters was something people actively sought, and our species is apparently genetically programmed to appreciate bitterness in small doses. More recently people just decided bitters improved all drinks and is a constant additive to cocktails.

The simplest use of a biter is to add a drop or two to a glass of whiskey or gin. Lately people have been using several drops even to coat the inside of the glass before adding a martini or whiskey. This has resulted in the greatest explosion of new biter creations since the Middle Ages.

LB Distillers of Saskatoon has come up with three bitters that are distributed by restaurant throughout the province, and through Co-op Wine and Spirits in Saskatoon. The biter that will tempt most people first is Bosman's Bacon Bitters.

I laughed when it was shown to me but having experienced with it, this is an excellent addition to my library of bitters. If you don't believe me, next time you're making a Caesar



Put up the glass with at least two spritzes of the biter.

In keeping with modern cocktail thinking, the LB bitters are sold in aerosol sprayers. The idea is to spray your glass before adding your alcohol. This system works beautifully in a traditional martini glass but not so well in highball glasses. I measure the top and either use an eyedropper or pour very carefully.

LB Distillers Amaretto Bitters \*\*\*\*

LB Distillers Bosman's Bacon Bitters \*\*\*\*

LB Distillers Lacey's Bitters \*\*\*\*

Cocktails and the perfect martini at www.dboose.com and on Twitter @dboose

## Crossword/Sudoku answers

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| 3 | 2 | 5 | 9 | 7 | 1 | 8 | 6 | 4 |
| 1 | 3 | 2 | 7 | 5 | 4 | 9 | 8 | 6 |
| 7 | 9 | 4 | 6 | 2 | 8 | 1 | 5 | 3 |
| 5 | 8 | 6 | 1 | 9 | 3 | 7 | 4 | 2 |

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